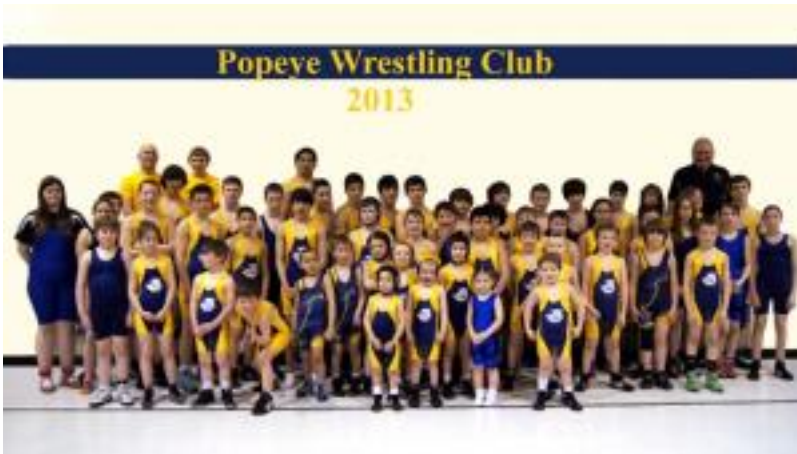


## Popeye Wrestling: Starts February 17th!

Published on City of Homer Alaska Official Website (<http://www.cityofhomer-ak.gov>)

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## Popeye Wrestling: Starts February 17th!



Learn why the club continues to expand year after year. Learn how wrestling can teach members about SPORTSMANSHIP, INDIVIDUALITY, TEAM CONCEPTS and the value of PHYSICAL ACTIVITY. For over 30 years, the POPEYE wrestling program has been an important part of the Homer Community. Our COPPER certified coaching staff is dedicated to teaching teamwork, sportsmanship and the value of hard work through the sport of wrestling. POPEYE wrestling has produced many state champions as well as NCAA and Olympic wrestlers.

**AGES: Wrestlers can be as young as 5 years old.**

**PRACTICE: Starts on FEBRUARY 17th**

**More information & registration: Contact Larry Croft 399-3114 or [popeyewrestling2012@gmail.com](mailto:popeyewrestling2012@gmail.com)**

### **WHEN & WHERE:**

Practices Feb. 17 – May 3 (Must bring work out shorts/sweats and shoes everyday)

Monday & Wednesday @ HERC Building 3:45 – 4:45PM (Pre-Bantam/Bantam and Beginners (ages 5 – 9))

Monday & Wednesday @ Middle School 5:15 – 7:00PM (Novice – Open Ages (10 – Open))

Thursday (weigh-ins) & Friday (if no meet) @ HERC Building 3:45 – 5:15PM

(Pre-Bantam/Bantam – Open)

Anchor Point Practices (Chapman School) – Monday - Thursday 5:00 – 6:30PM

**FEES: \$100.00 (Includes USAW registration fees/CR fees)**

### **Supporting Documents**

 [2014 Popeye Wrestling Registration Forms](#)

### **Web Links**

[Popeye Wrestling Website](#)

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