



# Rules for Track & Turf Use

## Homer High School

*Can't hide our Mariner pride and care for our track and turf!*

While using the track and turf surfaces you must adhere to the following rules:

- ⇒ The track is intended for running and walking only. **No running shoes with spikes over 1/8" pin or pyramid spikes and cleats** on the track surface. Joggers are to use the outside 3 lanes only.
- ⇒ If they are in place, **utilize crossing mats** to enter the turf.
- ⇒ **No wheels** on track/turf — including but not limited to: motorized vehicles, bicycles, wagons, skate boards, roller blades/ skates, or baby strollers.
- ⇒ **No animals** allowed except service animals specifically trained to aid a disabled person.
- ⇒ Lift and carry items — **never drag** items on the track/turf.
- ⇒ **Never place equipment** on or use track/turf surfaces for storage of equipment or items.
- ⇒ **Do not add** any lines or markings to any running or playing surfaces.
- ⇒ **No writing or poking of sharp objects** on track/turf— including chalk, stakes, wire marker flags, pens, or pencils (such as those used to denote a runner's starting mark).
- ⇒ **No food, no gum or drink** (other than water) allowed on track/turf.
- ⇒ **Tobacco, nicotine, alcohol and drugs are not allowed** on the Homer High School campus!
- ⇒ **Leave no trace!** Return the track/turf surfaces as you found them.

*Obeying these simple rules will help extend the life of the track and turf and will provide the school and community with many serviceable years.  
Thank you for your cooperation in preserving this valuable resource.*