



# Southern Kenai Peninsula Opioid Task Force

**March 20, 2020**

**Homer City Council**

**Updates & COVID-19 Response**

**In response to the COVID-19 Outbreak, the Southern Kenai Peninsula Opioid Task Force has been proactive in aligning with all recommendations to ensure the health of our community.**

- All Opioid Task Force meetings have been moved to videoconferencing, including the monthly task force meetings and all work group meetings
- Currently, work groups are working to bring our website live with the aim of launching publicly in May 2020
  - The website will offer the community the most up to date information about local treatment and recovery resources, prevention and disease of addiction education as well as house all task force related information
- The Task Force has been running a social media campaign that has been extremely successful in expanding reach within the community and providing evidence-based education and messaging, follow the task force at [www.facebook.com/SKPOpioidTaskForce](https://www.facebook.com/SKPOpioidTaskForce)

## **Updates to local community addiction & behavioral health treatment services:**

- Local treatment providers are open and currently providing services to patients while following all state and federal guidelines, and continue to serve current clients and address any necessary emergency responses in the community
- Division of Behavioral Health assures that behavioral health is considered a necessary medical service during this crisis and will continue to support services
- Relaxing regulations regarding paperwork and remote services allow local agencies to continue to provide necessary services via telephone or videoconferencing
- Many local community agencies have replaced all group sessions & activities with telephone or videoconferencing

## **The Exchange, Syringe Access Program**

- Continues to provide necessary services to the community for Harm Reduction, however, have adapted their process to align with all recommendations and to mitigate the spread of the virus

The next Southern Kenai Peninsula Opioid Task Force Meeting will be:

**Wednesday, March 25<sup>th</sup> 11:00am-12:30pm via Zoom Teleconferencing: <https://zoom.us/j/873789663>**

For additional information please email [SKPOpioidTaskForce@gmail.com](mailto:SKPOpioidTaskForce@gmail.com)

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*The SKP Opioid Task Force is supported & made possible by MAPP of Southern Kenai Peninsula*





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## **Additional Helpful Links:**

**Alcoholics Anonymous Online Intergroup:** For information for virtual 12 step meetings

[https://aa-intergroup.org/directory\\_telephone.php](https://aa-intergroup.org/directory_telephone.php)

**Narcotics Anonymous Online Meetings:**

[http://na-recovery.org/Narcotics\\_Anonymous\\_Online\\_Meeting\\_Schedule.html](http://na-recovery.org/Narcotics_Anonymous_Online_Meeting_Schedule.html)

**Taking Care of Your Behavioral Health: Tips for Social Distancing, Quarantine, and Isolation during an Infectious Disease Outbreak**

Brochure from the Substance Abuse and Mental Health Services Administration:

<https://store.samhsa.gov/system/files/sma14-4894.pdf>

**Mental Health and Coping During COVID-19**

Guidance from the Centers for Disease Control and Prevention on managing mental health stressors during this time

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

**For people struggling, please continue to promote the National Suicide Prevention Lifeline at 1800-273-TALK (5233) and the Crisis Text Line (Text “START” to 741-741).**

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# Drug & Alcohol Treatment Resources

## Homer & Southern Kenai Peninsula

### Local Treatment Services

#### Immediate Help: 911

#### **CICADA, Cook Inlet Council on Alcohol and Drug Abuse, (907) 235-8001**

Outpatient Treatment Services & Medication Assisted Treatment Referrals Available  
1230 Ocean Drive Homer AK 99603 (907) 235-8001

#### **Dr. Katie Ostrom, OB/GYN, (907) 435-0555**

Medication Assisted Treatment for Pregnant Women  
205 W Fairview Dr, Homer AK 99603

#### **Homer Medical Center, (907) 235-8586**

Medication Assisted Treatment & Additional Referrals Available  
4136 Bartlett Street Homer AK 99603

#### **Kachemak Medical Group, (907) 235-7000**

Medication Assisted Treatment & Additional Referrals Available  
4129 Bartlett Street Homer AK 99603

#### **Ninilchik Traditional Council, (907) 567-3970**

Medication Assisted Treatment and Behavioral Health & Peer Support Services Available  
Homer & Ninilchik Appointments Available

**Peer Support Services:** Homer (907) 420-7268    Ninilchik (907) 741-2019    Homer & Veterans (907) 420-4713

#### **Set Free Alaska, (907) 235-4732**

Outpatient Treatment Services Available  
1130 Ocean Drive Homer AK 99603

#### **South Peninsula Behavioral Health Services "The Center", (907) 235-7701**

Substance Abuse Counseling Available  
3948 Ben Walters Lane Homer AK 99603

#### **South Peninsula Hospital Emergency Department, (907) 235-8101**

Emergency Department Open 24 Hours/Day for Emergency Services  
4300 Bartlett Street Homer AK 99603

#### **SVT Health & Wellness, (907) 226-2228**

Brief Alcohol & Substance Use Screenings, Intervention, Counseling & Treatment Referrals  
880 E East End Rd, Homer AK 99603  
Homer, Anchor Point & Seldovia Clinics

#### **The Exchange, Syringe Exchange & Disposal, [HomerExchange@gmail.com](mailto:HomerExchange@gmail.com)**

Additional Resources Available  
Every 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays, 5pm-7pm 203 W. Pioneer Ave Homer AK 99603

**\*\*Medication Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of alcohol and substance use disorders**

**\*\*Referrals for detox & other services can be made by contacting any of the resources listed above**

