

Long Hair Scrub Cap



This pattern is made out of quality woven cotton that has been washed and dried on high heat. This can be made with elastic and ties OR a drawstring.

1. Pre wash cotton fabric in Hot Water, dry and iron.
2. Cut out large Top of scrub cap on the fold.
3. Cut out two of the brim. One of cotton, one of flannel (inside/wrong side) OR both cotton.
4. Sew two back corners to create a pleat.
5. Sew straight edge of the two brim pieces together with right sides together.
6. Iron and flip brim so that right sides are facing out.
7. Pin three pleats with right side of the fabric out, and pleats going away from the center front towards the back. Approximately 1/2" pleats. Repeat to both sides of the front of cap, iron.
8. Baste pleats on edge to be able to remove pins and iron.
9. With right sides together pin center of brim to the center of the main cap. If you used flannel for the liner it will be facing you as you pin. Continue to pin as needed to make seam for the brim. Attach brim using 1/4" seam allowance.
10. Iron brim down flat.
11. Make a casing around the rest of the back of cap by ironing around back half 1/4" and then turning under a second time to accommodate the width of your elastic or drawstring. Stitch around the inner part of the fold to create the casing for the elastic OR drawstring leaving a small opening to thread through at each end.

Drawstring Method: 22 inches in length. Appropriate materials would be non raveling and highly washable. Ideas include: bias tape from store, homemade 1/2 to 1/4 inch bias tape, sealed cording, or lightly ribbed ribbon. Thread through casing

from one side of brim around the back to other side of brim. Make each side even and sew over center back of the drawstring so it does not come out in the laundry.

OR

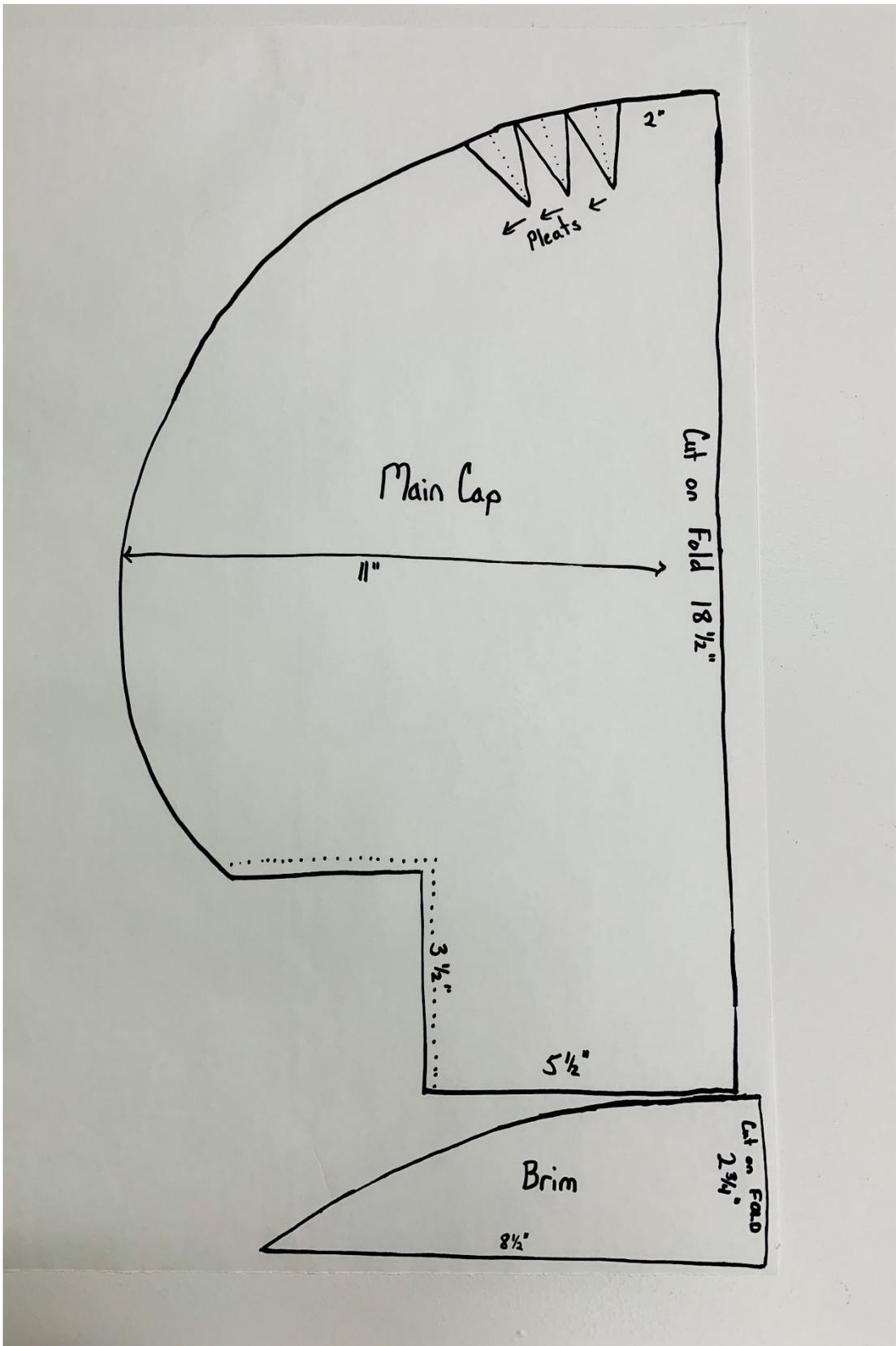
Elastic Method: 6 inches of 1/4 to 1/2 inch elastic. Secure each side of the elastic by stitching over it several times. If you used elastic, then the Cap needs two ties 16" each of purchased or homemade bias tape (2" strips folded down and stitched to 1/2"). Attach each tie to the side where brim ends, using it to finish any raw edge exposed for about 1" on each side. Make sure each end of the tie is finished by turning under and sewing to prevent raveling.

12. To finish off the cap, top stitch the arch of the brim portion to pull seam upward flat and finish the small openings left by the ends of brim.

THANK YOU!!!!



The cap can be worn in two different ways. If only a drawstring was used, then it needs to be cinched up a little prior to donning. The drawstring is then tied in back or crossed at nape of the neck and tied around top of hair on the outside of the cap as shown. If it is made with elastic and two ties then it is slightly easier to don with same tying mechanisms.



Please create pattern using measurements. This will not print true to size.