

City of Homer Community Recreation ACTIVITY & RECREATION GUIDE

Fall-Winter **2016-17**

Featuring: Pickleball

Recreate Learn Play!



Community Recreation Program

600 E. Fairview Ave Homer, AK 99603

Phone: 907-235-6090

Email: millg@ci.homer.ak.us



The fastest growing sport in the U.S.

www.cityofhomer-ak.gov/recreation~Like us at www.facebook/cityofhomerparksrecreation

Welcome!

Community Recreation Mission Statement

The City of Homer Community Recreation will promote community involvement and lifelong learning through educational and recreational opportunities for people of all ages. This will be accomplished through maximizing usage of all community facilities and resources. While utilizing, expanding and uniting local business and school resources and expertise. Our program shall be designed to recognize cultural diversity and to address social and community concerns.

Thank You Homer Schools/Kenai Peninsula Borough School District

Most of our activities are made possible because of cooperative use of School District facilities. We extend our appreciation to the District, School Board members, school staff and administrative staff for their support of the Homer Community Recreation Division.

We Want You!

Volunteers or works as a contracted instructor! We strive to continually develop new and affordable programs for our community. If you have any special skills to share, or ideas for programs you would like to see offered, please give us a call.

Parks, Playgrounds & Pavilions

The City of Homer provides many parks, playgrounds and pavilions for your outdoor recreational endeavors. Check out Hornaday Park, Bishop's Beach and Bayview Park to name a few.

Contact Us

Recreation office is located in the Homer High School building: 600 E. Fairview Ave Homer, AK 99603 millg@ci.homer.ak.us 907.235.6090

Office Hours (varies)

12:00 p.m. –8:00 p.m. (Monday-Thursday) 9:00 a.m. - 5:00 p.m. (Friday)

Advertising

Consider advertising your business, program or organization in our next guide. The publication of this activity & recreation guide is supported in part by the paid advertising that appears in it. The City of Homer does not evaluate or endorse the vendors, or the goods or services, that appear in this advertising.

Code of Conduct

Proper behavior by all participants is expected at all times. Participants shall be respectful to peers, staff, equipment, supplies and facilities. Community Recreation reserves the right to terminate participation toward individuals who cannot exhibit proper behavior.

Unsupervised Children

Please do not bring children to adult classes/activities. It can be a distraction to others and creates a liability for the recreation program.

Refund Policy

Community Recreation will not refund, credit or prorate any classes/activities unless it is cancelled. The manager will determine a refund based on unusual circumstances on a case by case basis.

Registration

Registration is ongoing for most of our programs, but there are some that require pre-registration. Be sure to contact instructor in advance if there is a pre-registration required! Registration for drop in activities is on site.

Disclaimer

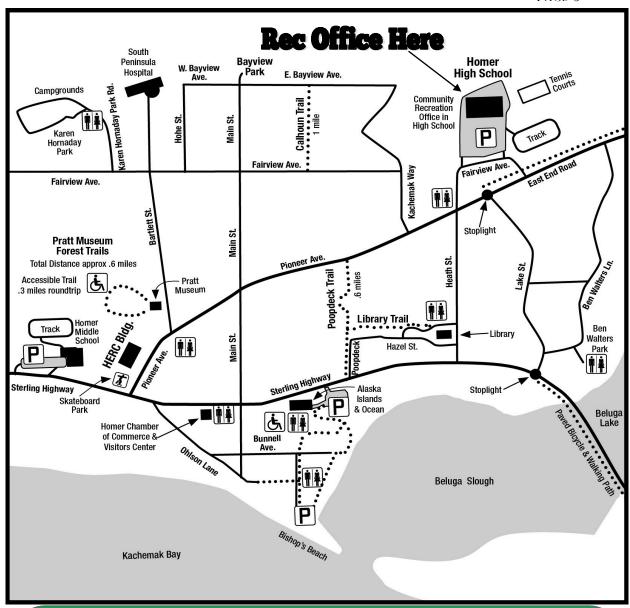
Many, if not all, of the Community Recreation classes are held in the local schools. The school may require any of our classes or activities to be cancelled with limited notice. Classes may or may not be rescheduled pending time and space availability.

Volunteer

If your are interested in teaching a class or helping out with the program, please contact us today at 235-6090. Thanks for your support and participation!

Any exercise is better than no exercise.

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TELLURIDE

MOUNTAINFILM *ON* TOUR







We have a solution **SPAR®**

SPARC won't fix the fact that Homer's winters are warmer.

Or that we no longer have snow for skiing, or that our kids' playfields are muddy and closed for six months a year. SPARC won't even fix the icy sidewalks that are breaking pioneer bones.

SPARC's giant indoor space will give us a huge, indoor, multi-sport playfield. It will give our kids and families a place for soccer, basket-ball, baseball, volleyball, pickleball and much more. It will help give our kids options against substance addiction, and our seniors will have a place for indoor walking. What's more, with a space for tournaments, we can generate an equally huge economic boost — one that will help our community further diversify revenue sources.

We needed this yesterday, but we can have SPARC remarkably soon. With your help, we can be playing inside SPARC before winter! Get the SPARC facts.

Credit Card Donation available online at:

SparcHomer.org



Homer Soccer 907,299,1885

HomerSoccer@Gmail.com Facebook.com/SparcHomer PO Box 698, Homer, AK 99603

The amazing SPARC facts

Size: XXL! BIG! 75' wide. 159' long.

Where: Homer Middle School softball field

When: Excavation to begin in August. With your help, first games will be

played before winter.

Who: SPARC is for everyone. It's multi-sport and spearheaded by

SAH Homer Soccer 501c3.

Flooring: Multi-sport rubberized flooring accommodates most sports!

How: We need your support to complete funding!

All contributions are boosted by a giant 50% matching grant that hugely grows your support!

Plus all donations are tax deductable (501c3)





Kachemak Bay Campus FALL SEMESTER 2016 Starts August 29th

REGISTER NOW!

HTTP://UAONLINE.ALASKA.EDU
REGISTER NOW.....PAY LATER!
Classes include:

Welding • Medical Terminology
Creative Digital Camera • Marine Biology
Ceramics • Grant Proposal Writing
Icthyology • Painting • Writing Personal Essay
Marine Technology • Watercolor Painting
Science and Nature Writing • Environmental
Economics • 6-Pack License Preparation
First Aid/CPR • Music Fundamentals
Psychology • Art History • Process Technology
History of Alaska • Poetry-Writing
Geology of KBay • Intro. to Law

See our full schedule at www.kpc.alaska.edu

To register, stop by Pioneer Hall or go online 235-7743

Homer Senior Citizens, Inc.



- ExerciseClasses
- Dances
- Games
- Special

Come check out the activities we have at Homer Senior Citizens Inc!

Going on all year long!

3935 Svedlund St

907-235-7655

Homer, AK 99603

ADDITIONAL ACTIVITIES:

- AK ISLANDS & OCEAN VISITOR CENTER
- CENTER FOR AK COASTAL STUDIES
- HOMER LITTLE LEAGUE
- T.R.A.I.L.S.
- KATE KUHNS AQUATIC CENTER
- HOMER SOCCER ASSOCIATION
- YOUTH THEATRE
- KACHEMAK BAY RUNNING CLUB
- KACHEMAK BAY STATE PARKS
- KACHEMAK NORDIC SKI
- KEVIN BELL ICE FACILITY
- HOMER COUNCIL ON THE ARTS
- HOWL
- OHLSON MT. ROPE TOW
- KACHEMAK BAY COLLEGE
- BUNNELL STREET ARTS

www.islandsandocean.org

www.akcoastalstudies.org

www.homerlittleleague.org

www.peninsulailc.org/trails.htm

www.homerpool.org

www.homersoccer.com

www.pieronetheatre.org

www.kachemakbayrunningclub.org

www.dnr.state.ak.us/parks/units/kbay/kbay.htm

www.kachemaknordicskiclub.org

www.kevinbellarena.org

www.homerart.org

www.howlalaska.org

www.homerropetow.org

www.homer.alaska.edu

www.bunnellarts.org

The rink is a COOL place to be!

Micro Bells

Learn to Skate &

Play Hockey

Ages 4 & Up

Every Sunday

Afternoons

Gear Provided



Hockey Divisions

8 & Under

10 & Under

12 & Under

14 & Under

Girls...Women...Men...Co-ed



Online Registration begins Friday, September 2nd

Programs at the Rink!

- Curling
- Broomball
- Polar Cubs-Tot Skate
- weSkate-Figure Skating
- Youth Icebreakers Hockey
- Adult Hockey 101
- Birthday Party Rental
- Public Skating



Program Descriptions, enrollment & rink schedule at

www.kevinbellarena.org

Rink: 235-2657

Hotline: 235-8423

Questions? Email:

info.kevinbellarena@gmail.com

Kevin Bell Arena & HHA memberships available!

SPECIAL EVENTS

Special Events

Telluride Mountainfilm Festival

We are celebrating our 15th year of Mountainfilm in Homer! Mountainfilm of Telluride combines adventure. mountaineering, unique personalities, and important environmental and social messages. The films tell us something about the world we live in and one we'd like to live in. Mountainfilm is about ideas. It is about cultures and the landscapes they occupy. It is about environmental integrity and about a rich spirit of celebration. At a minimum, the films and ideas featured result in changes in thought and new insights. They result in changes in values and social policy.

There will be two shows each with different films and content with separate tickets for each night. Please purchase tickets in advance at the Homer Bookstore 235-7496 or at the Recreation office. Film descriptions and listings will be available on our website. Come early on Thursday, January 19th for a ski and winter gear swap starting at 5:30p.m.!

WHEN:

Show #1 Thursday, January 19th Show #2 Saturday, January 21st 7p.m. starting time

WHERE: Mariner Theatre

FEE: \$10 per person, per show Tickets also available at the Homer Bookstore, 235-7496.

2nd Annual Toddler Clothing Shwopping Event

Bring your gently used and clean clothes, toys, books and gear for children ages newborn to five to the event. Swap as many items as you bring–Bring One, Take One.
Donations accepted prior to the event. There will be a kids craft table and all left over items will be donated to Homer Thrift. Sponsored by SPROUT Family Services and CR. Please call 235-6044 for more information or to drop off donations.

WHEN: Saturday, September 17th, 10a.m.

WHERE: Homer High School

FEE: Free!



SPECIAL EVENTS - PRESCHOOL

Annual Ski & Winter Gear Swap Two Events!

Barter, trade, sell, or give away your winter-fun equipment-skis, snowboards, boots, clothing etc. Donations accepted for event to benefit local youth ski programs. HHS ski team will be waxing skis as a fundraiser. Please clean up and take

all items with you. PLEASE: No early birds or private business sales.

WHEN: <u>Swap # 1</u>-Wednesday, November 9th, 5:30 p.m.

Swap #2-Thursday, January 19th, 5:30

p.m.

(coinciding with Mt. Film Show #1) **WHERE:** Homer High Commons

FEE: Free!

WHIFF NF! Wiffle Ball **Tournament**

Homer Community Rec is teaming up with the Children's Tumor Foundation to host the 4th Annual "Whiff NF" Whiffle Ball Tournament fundraiser. Minimum of 5 players and a max of 7 players for each team. For participants ages 8 and up. See if your team can earn the coveted wiffleball trophy and worthy bragging rights for being Homer's Wiffle Ball Champions!

WHEN: Saturday, December 10th, start-

ing at 10a.m.

WHERE: Homer High

FEE: \$10/person or \$50/team

Dodge Ball Tournament

Yessiree...Dodgeball! This old school, classic game comes to the Homer community in the form of a one day tournament. Minimum of 5 players and a max of 7 players for each team. For participants ages 9 and up. If you don't have a team you can join one. Rules will be posted, but the game is all about having fun! Great family event!

WHEN: Saturday, November 19th,

10a.m.

WHERE: Homer High School

FEE: \$5 per player

Preschool

Children s Playgroup

Parents and children 0-5 years old are welcome to run, romp, and play. Just sign up at the door. Note: some days may be canceled with minimal notice as this offering is volunteer driven.

WHEN: Mondays and Fridays, 10:30 a.m. - noon, ongoing September 12 to May 5.

WHERE: HERC Gym (near skateboard

park)

FEE: \$2/visit or Punch cards, 10 punch-

es for \$20, 20 punches for \$40

PRESCHOOL - YOUTH & TEEN

Preschool Story Hour

Preschool Story Hour is sponsored by the Homer Public Library. Story Hour often includes a crafts project and sometimes music. No registration is necessary.

WHEN: Wednesdays, 10-11 a.m. WHERE: Homer Public Library

FEE: Free!

Youth & Teen

Bruin Youth Basketball

Come and learn about the great sport of basketball. Practices, games, drills, fundamentals, and lots of fun! Players must have clean basketball shoes. Feel free to bring a ball if you have one. Players must have a signed Community Rec registration form to participate. Contact Chris Etzwiler 235-1560 for more information and registration. Space availability is limited.

WHEN: TBA

WHERE: Paul Banks Elementary /HERC

FEE: TBD

Popeye Wrestling (Elementary)

Come join the fun! Elementary age wrestling at West Homer Elementary School. Bring shorts, athletic or wrestling shoes. Call Coach Bradshaw for more information or questions at

299-7441

WHEN: Mondays & Wednesdays, 3:30-5p.m. January 9th - February 15th **WHERE:** West Homer Elementary Gym

FEE: \$25

Gymnastics Classes with Jeanne Parker

Fall/ Winter: September 26th -December 8th Winter/Spring: January 16th – May 18th

Gymnastics class fees range from \$10-\$15/class with a discounted price when signing up for an entire session. Please call Jeanne (235-6547) for class placement and pricing.

Monday:

-Int./Adv. Tumbling & Vaulting: 6:00-8:00p.m. at HHS

Tuesday:

-Beg. Tumbling: 4:00-5:00p.m. at

HERC

-Adv. Beg. Tumbling: 4:00-5:30p.m. at

HERC

-Int. Tumbling & Vaulting: 6:00-

8:00p.m. at HHS

Wednesday:

-Adv. Tumbling & Vaulting: 6:00-

8:00p.m. at HHS

Thursday:

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YOUTH & TEEN-ARTS

-Adv. Beg./Int. Tumbling & Vaulting: 4-5:30p.m at HERC

Saturday:

-Tumbling & Equipment Classes at HHS:10/1, 10/8, 11/5, 11/12, 1/21, 2/4, 2/11, 3/25, 4/15, 4/22 Kindergym: 1:00-1:50p.m. Beg./Adv. Beg:2:00-3:20p.m. Int./Adv: 3:30-5:30p.m. Adult Gymnastics: 6:00-7:00p.m.

Gymnastics classes; times, dates and fees:

DATES, TIMES & LOCATION MAY CHANGE DUE TO ACTIVITIES AT THE HOMER HIGH SCHOOL. ANY CAN-CELLED CLASSES WILL BE DEDUCTED FROM THE TOTAL CLASS PRICE. PLEASE CHECK WITH JEANNE (235-6547) TO ENROLL BEFORE COM-ING TO ANY CLASSES.

Arts

Jewelry Making: Introductory Silversmithing

In this 3-day class, Art Koeninger will instruct students in the design and fabrication of jewelry and small metal objects involving silver, bronze, copper, nickel sheet and wire, in combination with other materials. The same materials and techniques may also be used for small sculpture or utilitarian objects. For more information, call Art at 235-1014. A minimum of 6 students must register

for course to be offered; maximum allowed is 10.

WHEN: Friday, 6-9p.m.; Saturday, 9 a.m.-5 p.m.; Sunday, 1 –6p.m. October 7th-9th & January 13th-15th **WHERE:** Homer High School Art Room **FEE: \$150** per new student/**\$90** for repeat students who have taken 2 or more previous classes with Art. (payable to instructor) covers supplies (saw blades, sandpaper, buffing supplies, etc.) and use of tools and equipment. Materials (metal, stones, etc.) are extra. Silver can be purchased at cost, as well as some inexpensive stones. (Average project is under \$15 for materials.)

Jewelry Making: Lost Wax Casting

Art Koeninger will lead students in the design and creation of jewelry and small metal sculpture, utilizing the lost wax method of casting with sterling silver. Students may also provide their own gold for casting. Students may bring their own tools and materials in addition to those provided. For more information, call Art at 235-1014. A minimum of 6 students is required for this course to be offered; maximum allowed is 10.

WHEN: Friday, 6-9p.m.; Saturday, 9 a.m.-5 p.m.; Sunday, 1 –6p.m. October 21st- 23rd & January 27th-29th WHERE: Homer High School Art Room FEE: \$150 per new student/\$90 for

ARTS-LANGUAGE

repeat students who have taken 2 or more previous classes with Art. (payable to instructor) covers supplies (waxes, plaster, etc.) and use of tools and equipment. Materials (metal, stones, etc.) are extra. Silver is available at cost, and some inexpensive stones may also be purchased. (Average project cost is under \$15 for materials.)

Jewelry Making Intermediate Silversmithing

This class taught by Art Koeninger is for students with some prior experience in small metal fabrication. Preference will be given to those who have taken Art's previous silversmithing class. The intermediate class will include a short review of techniques covered in previous classes. for more information, call Art at 235-1014. A minimum of 6 students must register for the course to be offered; maximum allowed is 10.

WHEN: Friday, 6-9p.m.; Saturday, 9 a.m.-5 p.m.; Sunday, 1 –6p.m. November 11th-13th & February 10th-12th WHERE: Homer High School Art Room FEE: \$150 per new student/\$90 for repeat students who have taken 2 or more previous classes with Art. (payable to instructor) covers supplies (saw blades, sandpaper, buffing supplies, etc.) and use of tools and equipment. Materials (metal, stones, etc.) are extra. Silver

can be purchased at cost, as well as some inexpensive stones. (Average project is under \$15 for materials.)

Minimum 4 Students Max 10 - Children under age 16 accompanied by a paying adult welcome and free of charge.

Tell Your Story

Art, techniques, and methods to tell your story for personal enrichment, public speaking, and performance. Taught by professional storyteller Skywalker Payne. Visit her at http://skywalkerpayne.com for information and registration. Minimum of 5 participants needed for session to go.

WHEN: Session #1: Thursdays, September 22-November 17, 6:30-8p.m. (No Class 10/27)Session #2: Thursdays, January 5 – February 23, 6:30-8p.m. WHERE: Homer High School FEE: \$65 for entire session (8 classes) payable to instructor

<u>Language</u>

Beginning Spanish for Travelers

Instructor Hilda Caraballo teaches Spanish vocabulary, structure and basic grammar useful to survive while traveling through a Spanish-speaking country. Everyday expressions needed to communicate in simple Spanish. Note: order text book – "Spanish for Beginners" by Angela Wilkes - at Amazon.com. For more information and questions call Hilda at 299-0110.

LANGUAGE-RECREATION

WHEN: Mondays & Wednesdays

5:15- 6:15pm, October 3rd to November

16th

WHERE: Homer High School **FEE:** \$ 140 plus \$20 Community Recreation fee (all payable to

instructor)

Intermediate Spanish for Travelers

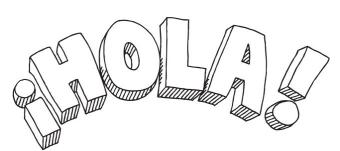
This course taught by instructor Hilda Caraballo is designed for those who have basic communication skills in Spanish and includes useful vocabulary and expressions for travelers. This is an ideal class for those who are getting ready to travel to Spanish speaking countries. Note: Call the instructor for information about the textbook prior to the class. For more information and questions call Hilda at 299-0110.

WHEN: Mondays & Wednesdays 6:15-7:15p.m., October 3rd to

November 16th

WHERE: Homer High School

FEE: \$ 140 plus \$20 Community Recreation fee (all payable to instructor)





Recreation

Table Tennis/Ping Pong

Learn about the fun and exciting game of table tennis. All levels of experience are welcome. Join us for pick up games. Some equipment available.

WHEN: Wednesdays,

ongoing (drop in) some cancellations.

6-8 p.m.

WHERE: Homer High FEE: \$3 each visit

Pickle Ball

This is a fun indoor activity that is a crossover sport between tennis and ping pong. The game can be played with singles or doubles. Equipment is provided, but clean Indoor sneakers required. For more information call Mike: 235-6437

WHEN: Mondays, Wednesdays & Fri-

davs.

5-7:30pm; Sunday 11:30am-2pm

WHERE: HERC Gym **FEE:** \$3 per visit

RECREATION

Indoor Rock Climbing

rock climbing in a safe environment. tion Practice climbing techniques and the basics of safe tie-in, belay, and usable knots. Learn the importance of equipment care and use, communication, strength, and balance. Some equipment is available. Must be 6 or older to participate. **For** children under 14, a parent or guardian must be present for the class. Call John for more information at 299-1911.

WHEN: Ongoing Tuesdays . **Starts**

October 4th.

WHERE: Homer High School Mat Room **FEE:** Adult Punch Cards: 10 punches for

\$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20; 20 punches for \$40 Payable to Homer

Community Recreation

Evening Pick Up Basketball

Games are pick-up and called by the players. Good sportsmanship is a must. Please do not bring children. For high school students and older. Multiple courts available if needed.

WHEN: Tuesdays and Thursdays, Ongoing 7:30-10p.m.

Starting November 29th; 8-9:30p.m. May be canceled or rescheduled due to high school events. Cancellations TBA. **WHERE:** Homer High School Gym

FEE: Adult Punch Cards: 10 punches for tion

\$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20;

20 punches for \$40 Check out the cool sport of indoor Payable to Homer Community Recrea-

Evening Pick Up Basketball

Games are pick-up and called by the players. Good sportsmanship is a must. Please do not bring children. For high school students and older. Multiple courts available if needed.

WHEN: Tuesdays and Thursdays, Ongoing 7:30-9:30p.m. Starting November 25th; 8-9:30p.m. May be canceled or rescheduled due to high school events. Cancellations TBA. **WHERE:** Homer High School Gym **FEE:** Adult Punch Cards: 10 punches for

\$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20;

20 punches for \$40

Payable to Homer Community Recreation

Women s Pick Up Basketball

Games are pick-up and called by the players. Good sportsmanship and clean indoor shoes are a must. For players in high school age and up.

Cancelled 12/28, 1/4 & 3/15 WHEN: Wednesdays, 7-9p.m.

WHERE: Homer Middle School Gym **FEE:** Adult Punch Cards: 10 punches for

\$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20;

20 punches for \$40

Payable to Homer Community Recrea-

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RECREATION - LEAGUES

Indoor Soccer

Join us for the fast paced, pick up game of soccer and good fun. For youth and adults from 6th grade and older. Some dates may be cancelled due to school activities.

WHEN: Sundays, 6-8 p.m. Wednesdays, 8:00-10p.m.

WHERE: Homer High School Gym

FEE: Adult Punch Cards: 10 punches for

\$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20;

20 punches for \$40

Payable to Homer Community Recrea-

tion

Tuesday Night Volleyball

For the beginner volleyball player. Learn elements of the game such as positions on the court and basic skills including set, bump, and spike. Good sportsmanship is expected.

WHEN: Tuesdays, 7:30 - 9:30 p.m. Ongoing. NOTE: Closed during Winter Break:

December 22-January 5.

WHERE: Homer Middle School Gym **FEE:** Adult & Youth punch cards—10 punches for \$30; 20 punches for \$60 Payable to Homer Community Recreation

Thursday Night Volleyball

For the more advanced volleyball players. Games are fast-paced and advanced skills are needed to play. (Beginner level volleyball is offered on Tuesday nights.) Good sportsmanship is expected.

WHEN: Thursdays, 7:30 - 9:30p.m. Ongoing.

NOTE: Closed during Winter Break:
December 22-January 5, and parent/
teacher conferences on 10/27 & 2/9.

WHERE: Homer Middle School Gym
FEE: Adult & Youth punch cards—10
punches for \$30; 20 punches for \$60
Payable to Homer Community Recreation

<u>Leagues</u>

Recreational Basketball League

Competitive recreational basketball league starting in the fall and playing into the winter months. This is an adult basketball league for participants out of high school. Call to join a team, work as a referee or table worker or just show up and cheer on the teams. We will have a meeting in the fall to discuss the schedule, participant and sponsor fees. Call 235-6090 for more information.

WHEN: Mondays, 6p.m., 7:15p.m. & 8:30p.m. game times, dates TBD .Preseason early October, regular season mid-October and regular season finishes with a weekend tournament in March.

WHERE: Homer Middle School

FEE: TBD

LEAGUES - DANCE

Co-Ed Volleyball League

For all volleyball players ages 15 & up. Create your own team or we will assign you to one. Each team needs at least 6 players and any combination/number of men and women on a team is acceptable. Call 399-3086 or 299-2849 for more information/questions.

WHEN: Sundays, 2 - 5p.m. November 6-February 19 (no games 12/4 & 12/25) WHERE: Homer High School Gym FEE: \$40/season \$5/drop in

Payable to Homer Community Recreation

Dance

Zumba

Perfect for Everybody and every body! Each Zumba® class is designed to bring people together to sweat it on. How It Works: We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check. Benefits: A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Call Maria at 399-3063 for more information and registration.

WHEN: Mondays & Wednesdays, 5:30

-6:30p.m, Ongoing

WHERE: Homer High Green Room FEE: \$10 drop-in or \$40 for 5 classes,

first time is free.

WHEN: Saturdays, 11a.m.-12p.m.,

Ongoing

WHERE: HERC Gym

FEE: \$5 drop-in, first time is free.

Contra & Square Dancing

Community Recreation offers square and contra dance with live music at West Homer Elementary School. Please bring clean, soft-soled shoes to dance in. Beginners are welcome. \$7 admission; kids 16 and under get in free. Call Mary at 235-3725 for information and upcoming dance dates. If you are willing to be a door-sitter for a short shift and get in free, please e-mail PeggyEllen at peggy.ellen.k@gmail.com

WHEN: TBD call 235-3725

WHERE: West Homer Elementary **FEE:** \$7/person, 16 under free

Ballroom Dance Basics

This class is designed to teach you the fundamentals of Ballroom Dance. It will focus on Frame, Form, and Footwork. You will learn the basics of Waltz, Swing, Cha Cha and Nite Club 2 Step. This will give you a good foundation to add more dances and more movements. Work off the "holiday pounds" with

DANCE-HEALTH & FITNESS

the most fun way to exercise. Please bring smooth soled shoes to wear during class. Leather is best, but anything that will slide along the hardwood floor without leaving marks. Do not use the shoes you wear to the class. You do not need to have a partner. To get more individual help from the instructor, classes are limited. Sign up now, don't miss out. To register for class, call Vonda Nixon 907-399-8883 or email vonda77@email.com. Registration deadline is Jan. 12.

WHEN: Mondays and Wednesdays, 7:30 – 8:30p.m. January 16th – March

8th

No Classes: 2/20 & 3/1

WHERE: Homer High School in the

Green Room

FEE: \$100 payable to instructor

Health and Fitness

Homer Weight Loss Support Group

Lets start a weight loss support group similar to a weekly weight watcher's type meeting here in Homer. Weigh in's, group support, sharing of ideas and successes. This wouldn't be tied to any particular weight loss program so everyone would be welcome. I am not a trainer, just someone who is on this journey and would benefit

working with like-minded people to achieve our goals. This group would not charge any fees, nor will there be any products or services for sale. I've had success in a group environment in the past and would like to set up something similar here in Homer. Jacque E. Peterson JacqueAlaska@gmail.com

WHEN: Mondays, 6:30 – 8p.m. Ongoing

Starting September 12th **WHERE:** Homer High School

FEE: Free

Weight Room

Save money and sign up with Community Recreation to use a great collection of weight machines and free weights. Full-session passes are available. Check it out and get back into shape. Participants must dress appropriately and wear clean indoor sneakers.

WHEN: Monday through Thursday, 6 - 8 p.m. Ongoing. NOTE: Weight room closed on random evenings due to high school activities and maintenance.

WHERE: Homer High School

FEE: Adult Punch Cards: 10 punches for

\$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20;

20 punches for \$40

HEALTH & FITNESS-SAFETY

Energetic Healing Meditation

Experience the astounding power of a group guided energetic meditation for building positive energy and healing. When a group of people come together to meditate utilizing the same method and intention, the collective energy is magnified and personal experiences can be profound. This is an experiential class exploring Energetic Healing Techniques, Visualization, and more, through the process of Guided Meditation. Facilitated by: Risa Jackinsky who practices as an Energetic Healer, Reiki Master -Teacher in Usui, Tibetan, and Karuna Reiki, a Registered Yoga Teacher for 8 years, Massage Therapist for 10 years, and a Fitness - Wellness Coach for 15 years. Open to all. Contact Risa for questions and registration at 299-1762. Minimum of 5 students need for classes to go.

WHEN: Thursdays, 6:30-8P.M. Session 1: September 6-October 20 Session 2: November 3-December 29 WHERE: Homer High School FEE: \$70 for 8 Week Session (Repeating Sessions) or Drop-in Fee \$13 payable to instructor.

<u>Safety</u>

Hunter Safety Class

The State of Alaska requires that all hunters born after January 1, 1986, take this class to obtain a hunting license. A great class to take as a refresher or to take together as a family. This class is for ages 10 and up. You must sign up prior to October 3 to complete the take home material before the class. Must attend both classes; first day instruction, second day at the shooting range. This class is taught by the State of Alaska Department of Fish & Game. Please contact Fish & Game for more information and to purchase the course material at 235-8191. Do not call Community Rec to reg-

ister.

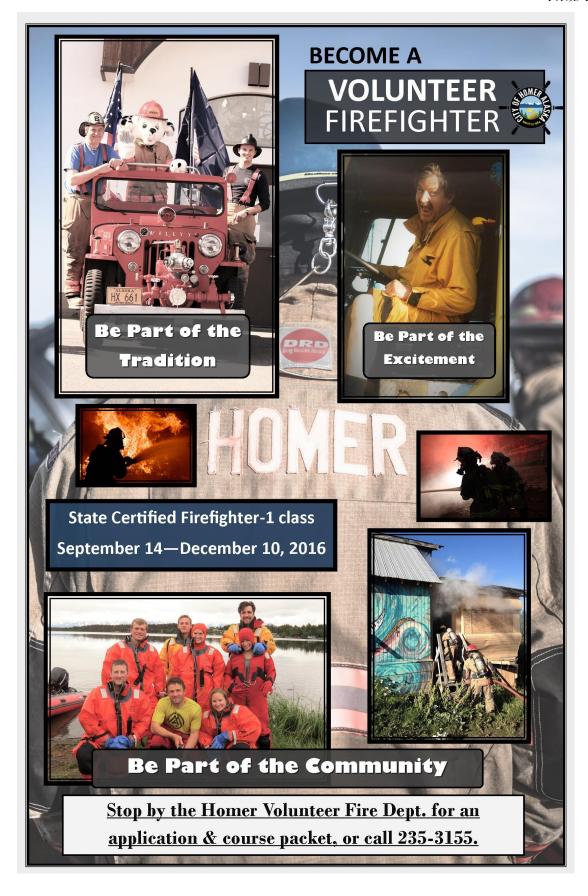
WHEN: Friday, October 7th 5:30-9:30 p.m. and Saturday, October 8th, . 10a.m. - 4 p.m.

WHERE: Homer High School on Friday; Saturday to be announced on Friday **FEE:** \$10, payable to Alaska Fish & Game, \$5 payable to CR the day of the class





www.cityofhomer-ak.gov/recreation LIKE us at www.facebook/cityofhomerparksrecreation









HOMER MEDICAL CENTER

Serving children and adults • No appointment necessary

Walk-in clinic open

Tuesday and Thursday, 9 a.m. - 8 p.m. Saturday, 10 a.m. - 4 p.m. Also open Monday - Saturday by appointment



907-235-8586 • 4136 Bartlett Street • www.homermedical.org Your Patient Centered Medical Home Good for ONE Entry* to any

Community Recreation

Drop-In Activity

Limited To: Pick Up Basketball, Pick Up Volleyball, Weight Room, Pickle Ball or Pick Up Soccer

No Cash Value

*Limited to a ONE TIME

ENTRY for only

ONE ACTIVITY

Expires on February 28, 2017

HOMER SHOTOKAN KARATE CLUB

CLASSES MEET ON TUESDAYS & THURSDAYS

5279 Kachemak Drive (Across from Mansion) Phone: 907-299-8132 email: smokybay@gmail.com

MEMBER—ISKF ALASKA

- . Family Friendly
- . Benefits ADHD students
- Teaches perseverance and self-discipline
- Teaches respect for self and others

BEGINNERS WELCOME ANYTIME

Connections Homeschool

The only K-12 Homeschool Program exclusively for Kenai Peninsula families.

(907) 226-1880 1340 East Rd. Homer, AK 99603



- Respect and support for parents as the primary teacher
- Personalized learning with certified teacher support
- · Curriculum choices and flexibility
- Group trips and activities to extend and enrich the learning experience
- Online Virtual School available for high school students
- State-of-the-art Dell computer and local technology support
- Academics, Music, Physical Education, and Extracurricular Activities
- Classes and Sports in local schools
- College Classes and Dual Credit for high school students
- Fully supported by the Kenai Peninsula Borough School District
- All graduates earn a genuine KPBSD diploma



City of Homer Community Recreation

Registration Form

Name:	ress: FallWinterSpringSummer				
	Work Phone:				
E-Mail:					
Participant's Name	Class Title	Fee			
Why not "Round Up" your registration fee and donate \$2, \$5 or \$10 to the Community Recreation Program? Donation Amount Here Total Amount Paid					
Payment is non-refundable. Classes will not be prorated. Payment for all class to City of Homer Community Recreation or to instructor as noted in class desc 235-6090.					
RELEASE OF LIABILITY AND CONSENT TO EMERGENCY TREATMENT OF MINOR					
The undersigned, as a participant or as parent or legal guardian of a participant in the City of Homer Community Recreation Program, recognizes that some of the classes might involve physical activities that could result in personal injury or property damage. Knowing that there is a risk of personal injury or property damage, the undersigned, as participant and/or parent or legal guardian, agrees to assume full responsibility for any and all reasonable risk to the participant and will release, waive, and hold the City of Homer Community Recreation Program, KPBSD, and employees, agents, and volunteers harmless from any and all actions, causes of action, claims, demands, damages, costs, losses, expenses, and compensation on account of or in any way growing out of any and all known and unknown personal injuries and property damage that might arise from the participant's involvement in the classes. If the participant is a minor child, the undersigned parent or legal guardian consents to the said minor child participating in classes and authorizes the City of Homer Community Recreation to obtain any and all necessary emergency medical care or treatment for the minor child, if reasonable attempts to notify the parent or legal guardian are unsuccessful.					
Participant Signature	 Date				
As parent or guardian of:					
Parent's Signature	Date				
	Check #				







The City of Homer Community Recreation Program is a proud member of the National Recreation and Parks Association and the Alaska Recreation and

Special thanks to Kenai Peninsula Borough School District, Kenai Peninsula Borough Maintenance, Homer High, Homer Middle, West Homer Elementary and Paul Banks Elementary staff. Without the excellent partnership and communication our programs would not be successful.

Thanks!

The City of Homer Community Recreation Program office is located in the commons at:

Homer High School 600 E. Fairview Ave. Homer, AK 99603 235-6090